



We are pleased to provide you with the following resources, and hope they are helpful in determining how much you will need to save to meet your long-term retirement goals. By calculating estimated investment returns, social security earnings and inflationary figures, you should have an accurate projection of how your 401(k) plan will help you meet these needs. Several calculators in this section can also help you determine the impact any loans (provided they are allowed) may have on your account balance and long-term retirement plans.

RECENT NEWSLETTERS

2nd Quarter 2019

RETIREMENT PLANNING TOOLS

Employee Benefit Resource Institute: www.choosetosave.org
Financial Calculator: [Payroll Deduction](#)
Financial Calculator: [Retirement Planner](#)
Financial Calculator: [Roth 401k](#)
IRS Annual Limits and Thresholds: [2019 - IRS Contribution Limits](#)
Glossary: [Investment Terms](#)

FINANCIAL LINKS

Morningstar: www.morningstar.com
Kiplinger: www.kiplinger.com
Yahoo Finance: quote.yahoo.com
Market Watch from Dow Jones: cbs.marketwatch.com
Bloomberg: www.bloomberg.com

MUTUAL FUND LINKS

Mutual Fund Investor's Center: www.mfea.com

ONLINE MAGAZINE LINKS

CNN Money: www.mfmag.com
Forbes: www.forbes.com
Robb Report Worth: www.worth.com

GOVERNMENT LINKS

Internal Revenue Service: www.irs.ustreas.gov
Social Security Online: www.ssa.gov
US Department of Labor: stats.bls.gov
Employee Benefits Security Administration: [Taking the Mystery Out of Retirement Planning](#)